

Woman's World

Mrs. Grace Wilbur Trout,
Noted Illinois Suffrage Leader.



MRS. GRACE WILBUR TROUT.

One of the most effective workers in the suffrage movement is Mrs. Grace Wilbur Trout of Chicago, who was among those who led the women of Illinois to victory in their campaign for the vote. She is one of the most popular clubwomen in her state and president of the Illinois Equal Suffrage association. The work of the association has been by no means diminished since the granting of the franchise, for the organization has courageously faced the problem of organizing and educating the women voters of the state. It is now necessary to teach them to realize their civic duties and responsibilities and to show them what can be accomplished by intelligent and conscientious citizens who have the ballot. This work is entirely nonpartisan.

Mrs. Trout is a handsome woman, a witty and convincing speaker whose aid is sought in every state where a pro-woman's suffrage campaign is being waged.

TAILORED SHIRT WAISTS.

Revival of These in Silks of Various Patterns.

A revival of the old time tailored shirt waists is predicted. These tailored shirt waists are of silk, usually in stripe design, which always gives a severe aspect to a blouse cut on plain lines. The blouses, or, more properly, shirt waists, have yokes, long sleeves and high turnover collars of silk, quite after the pattern of the masculine white collar. Perhaps it will even come to the latter, and again our necks will be pinched and hopelessly collar marked, and the sale of peroxide will probably go up as a result.

Valentine's Day Favor.

Many attractive favors for the Valentine day luncheon or dinner are seen on the counters of shops where smart novelties are shown. Some of these are carried out in china. Many of these little novelties may be used even after Valentine day is over. For instance, the winged cupid illustrated here, who is scrubbing a cobwebbed heart in a little tub, may be afterward used as a match holder or receptacle for loose pins. The tub's attractiveness at the dinner or luncheon may be increased by serving it filled with short stemmed violets or fancy bonbons.



CHINA DINNER FAVOR.

Setting Colors in Wash Goods. Before making up the colored wash materials the wise woman shrinks them and "sets" the colors. Green and lavender materials in many cases will retain their coloring, unharmed by laundry work, if they are soaked first fifteen minutes in about two gallons of cold water to which a cupful of strong vinegar has been added. Salted water or water to which turpentine has been added will sometimes set pinks and blues. Colored silk stockings may be successfully washed by following the same rules.

Good form

For St. Valentine's Functions.

The heart is the accepted symbol for St. Valentine's day, and place cards for the dinner or luncheon table cut out of red or white paper in this shape can be easily decorated.

The pairing off of dinner companions on this evening is easily done if the names of famous lovers of history are borrowed to help you in a modern placing of guests or members of the family. By writing or printing the names on cards a very easy arrangement is possible.

Romeo and Juliet, Dante and Beatrice, Petrarch and Laura, Antony and Cleopatra, Darby and Joan, Sleeping Beauty and Prince Charming are some suggestions for pairing.

The woman's name should be placed on one card, the man's name on another, and the two lovers should seat themselves in adjoining chairs at the table.

Little Cupids form a very important part of the decoration. Their artistic arrows and forgetmenots are also good to use as decorative accessories. These can be drawn or painted, and if traced from tissue paper or regular wax tracing paper can be done with satisfaction and quickness.

Verses from the poets found in any collection of poetical quotations will help you in a further appropriate decoration of place cards.

For Spring Holidays.

Such bewildering assortments of place cards, favors and table decorations are to be found in the shops that the hostess need not lack for suggestions along these lines. Flags, of course, predominate as a decoration for the Lincoln day as well as the Washington birthday celebrations, while the crimson heart holds its own as a suggestion for St. Valentine's day, and nothing yet has been discovered which can take the place of the shamrock and harp as typical of St. Patrick's day.

For the hostess, however, who is striving to find something original one would suggest as a centerpiece for the Lincoln day table a huge bunch of cotton bolls, which are in themselves very dainty and pretty and suggestive of the southland. The whole plan of decoration may be carried out along these lines, using miniature colored dolls, log cabins, banjos, etc.

Then a menu card might be arranged naming the different dishes after the battles of the civil war.

For instance, four guests received red roses, and they went to the table having the vase of red roses in the center. The four pink roses found their places, the four yellow and the four pink tulips and the four yellow, etc.

Scores were kept, as usual, on flower decorated cards, and at the end of the game the vases and flowers were awarded as prizes. They were removed from the table during the game. One would suggest baskets instead of vases, as they are somewhat newer and much in favor as prizes, or some of the very attractive flower holders might be used. Guests are always pleased with them, and no one minds having more than one.

On St. Valentine's Day.

St. Valentine's day is always a day for much entertaining. A suitable centerpiece would be a plaster cast of the goddess of marriage. Arrange a wreath of orange blossoms or bride roses at the base of the statue and around her neck place garlands of small pink flowers, to be distributed later among the guests. Instead of place cards use a small gilded bow and arrow at each place, writing the name of the guest on the arrow and a quotation appropriate to that guest on the bow. Serve as many things in "heart shapes" as possible.

The Engagement Ring.

It is no longer chic to wear an engagement ring next to the wedding ring. The plain gold band (already platinum is passe) must be alone in its glory, while the engagement ring is worn on the little finger of the left hand. It should be a diamond, surrounded by colored stones, set quite low and flat. Of course no other rings must ever be worn on that hand.

Fish and Salad.

It is incorrect to use the knife for either fish or salad. The flesh of the fish is so tender that it may be cut with a silver fork without any trouble. If the salad is not broken into pieces of convenient size you should cut it with the side of the fork or fold each piece over into suitable size for eating.

Birth Announcements.

When one receives the card announcement of the birth of a child to a friend one should write a note of congratulation to the mother, and, if so inclined, one should send a gift to the baby. A dainty dress, an embroidered flannel skirt, a cap or appropriate jewelry would be suitable gifts.

SEPARATE SKIRTS.

Their Popularity With the Ubiquitous Blouse Assured For Spring.



NEW SKIRT AND COAT.

The outfit illustrated here is a convenient one for the outdoor girl. It includes one of the new daring skirts with ample fullness, the skirt being fashioned with the hip yoke and a broad stitched hem. Worn with separate blouses, to suit the fancy, skirts of this type are featured for spring. With this skirt is donned a lightweight wrap of cotton corduroy. It has the high waist line and the directoire collar trimmed with self covered buttons. The natty little hat of straw is turned up very much at one side and adorned with a little feather fancy.

THE LINEN GOWN.

Models That Forecast the Summer Modes For This Type of Gown.

No summer season can be considered altogether complete in a sartorial sense without linen. Linen's great drawback is that it wrinkles easily, but even this defect cannot detract from the high estimation in which it is held by the majority of women. For the Palm Beach costume heavy white linen is combined with embroidered linen, and, following the fashion established last year, there are many attractive examples of colored linen frocks and suits.

A charming dress included in the wardrobe of a belle departing for southern resorts was made of light blue linen of medium weight. It exploited a skirt with a deep yoke, to which was hung the plaited lower section. These plaits had a one inch heading, and they were pressed flatly from top to bottom.

The blouse was fastened with black satin buttons quite to the throat, where there appeared a choker of soft white linen covered with embroideries. The long sleeves had narrow cuffs of the embroidered linen, and the essential belt was introduced in one of black patent leather.

To go with this dress was a hat of fine white straw, faced with black satin. Its shape inclined to poke outlines, turned up at the back to show a narrow bandeau of pin roses.

Middy Blouses.

It may not be amiss to speak of the middy blouses which give such great freedom of movement to the arms for the girl who likes to row or play tennis or golf. For spring there are middies of biscuit color linens, as well as the more familiar sort of white, and the collar and sleeve trimmings may be of any preferred contrasting color. Rather distinctive are the models with hand embroidered insignia on sleeve and shield.

Pongees in Neutral Tones.

The great vogue of putty and sand tones has been responsible for the revival of pongee, which has not been in good fashion repute for several seasons. Both suits and dresses are being made of that serviceable fabric, mostly in tailored or demi tailored effects. Of course this means that the motor coat of pongee will come in for a renewed share of attention.

MILLINERY MODES.

Real metal roses are found on millinery. Black takes the lead among ostrich plumes.

Glass flowers and fruit appear on some hats.

The transparent lace brim appears on hats for evening wear.

Large velvet flowers are much used for the trimming of small hats.

It is rumored that the spring millinery will be a flat contradiction of the janny, the dashing and the military note.

Hats wreathed with flowers, with flapping brims, hats distinctly picturesque, are to be run in opposition to the present fashions.

SHIRTING POPULAR.

This Form of Decoration Featured on Many New Frocks.



SATIN AFTERNOON GOWN.

Novel, yet chic, is the afternoon gown pictured here. It is of satin cut on simple lines that adapt it to the requirements of the young girl. Its only decoration consists of bands of shirring, a form of trimming that is being featured by smart modistes. The girle itself is formed by a shirred band. The bodice, with its line of buttons running from the straight high collar to the waist, has a quaint, old fashioned appearance. For the St. Valentine's luncheon or card party a gown of this sort would be extremely effective.

CIRCULAR SKIRTS.

The Gored Models Are Likely to Win Out in Popularity.

Every woman who remembers the last time that circular skirts were in vogue will call to mind the great difficulty experienced in maintaining an even hem.

The circular girdles were bound to stretch and sag despite all the efforts of the skillful dressmaker to the contrary.

And, although the circular skirt is featured among the new season's models, there can be little question but that the gored adaptations will win out eventually.

For those who do not mind odd devices the hem introduced by Premet of Paris will make a strong appeal.

The hem is the outcome really of the effort to counteract the sagging tendency of the circular model. It is scooped away at the sides, thereby indicating a longer line at the front and back sections.

In the course of time the sides drop a little bit, and the hem balance is thereby maintained.

Diana's Wrap.

The athletic girl usually prefers a wrap of some fabric other than her skirt, and her choice usually falls on a Norfolk of corduroy or a knitted sweater, the latter in the new striped or checked designs.

She wears no hat, or if she is of the unusual sort, anxious about her complexion, a chapeau of corduroy, satin or soft straw gives the crowning touch to the costume. The pedal extremities are shod with buckskin or canvas oxfords, with heel low rather than otherwise.

Leather Belts Again.

Leather belts, by the way, are to be revived. As a matter of fact, they have already arrived, as evidenced in certain of the spring models of morning and afternoon costumes, as well as in some of the linen frocks made for southern wear. The belts are not only of patent leather, but also of dull suede, in dark brown, in blue and green, as well as in the pure white. For early season costumes the smart belt appears to have superseded the girdle.

HELPS FOR HOUSEWIVES.

Rusty looking silk can be made clean and new looking if sponged with the water in which potatoes have been boiled.

To remove machine grease from clothes without taking the colors out rub the spot with a solution made of cold water, ammonia and soap.

To remove tar stains rub the spot first with lard and then with soap. Leave for an hour and then wash in hot water softened with ammonia. If traces still remain rub with turpentine.

To clean a hairbrush mix one-half cupful each of salt and flour and rub through and into the bristles. Shake out and the brush will be clean and white. This does not soften the bristles as washing does.

Cookery Notes

Lenten Meat Substitutes.

With the approach of Lent, when the supply of meat will be cut down, housewives are interested in knowing how to substitute for it foods that will supply equal nourishment.

Meat is not a necessity, though it has many points in its favor—that is, it is palatable, capable of much variety in cooking and is fairly easy of digestion, with the exception of veal and pork.

Foods best adapted to take the place of meat are eggs, milk and cheese, and, for those who are leading an active life, pulse foods, such as peas, beans and lentils. These nitrogenous vegetables have excellent meat value, but are not easily digested in large quantities by those leading sedentary lives.

Remember that cheese is a highly concentrated food, so should be mixed with starchy foods, such as macaroni, bread and rice. Nuts are highly nutritious and capable of being converted into many attractive dishes. Pine kernels, almonds, walnuts and hazelnuts are good meat substitutes, while Brazil nuts and coconuts are oleaginous. Chestnuts alone contain any starch.

Too much meat is not healthy unless one is expending a great deal of energy. Vegetables make a satisfactory and wholesome diet, especially when they are supplemented by fruits.

With the exception of beans, peas and lentils, which contain a large amount of proteids, vegetables are valuable for their potash, and salts are a valuable part of diet. They contain cellulose, which gives the needed bulk to food. Winter vegetables should be kept in a dry place.

Dinner Combinations.

Any vegetable harmonizes with beef. Serve caper sauce only with mutton. With fricasseed meats serve baked potatoes.

Serve tomatoes in some form with veal. Serve potatoes plain boiled only when new.

With roast chicken serve mashed potatoes, onions and tart jelly.

With roast meats serve potatoes mashed or roasted in the pan with the meat.

For dinner salads use only the simple green salads with French dressing. With roast pork serve baked potatoes, a green vegetable and a sour apple sauce.

With broiled steak serve creamed potatoes and a crisp fried vegetable like eggplant.

With roast lamb serve mashed potatoes, green peas or string beans and a mint sauce.

With roast beef serve potatoes baked in the pan and a sweet watermelon or peach pickle.

For a family dinner serve a clear soup, meat, potatoes or a starchy vegetable like rice or hominy, a green vegetable and dessert, or meat, potatoes or a substitute, a salad and dessert, or a cream soup, a made dish of meat and potatoes and dessert.

Egg Canapes For Lent.

Take four eggs, three mushrooms, two anchovies, six capers, one teaspoonful of tarragon vinegar, one teaspoonful of butter and eight small rounds of fried bread. Boil the eggs quite hard. Take off the shells and cut them in halves across. Take out the yolks and chop them up. Chop also the capers and mushrooms; soak the anchovies, dry them and remove the bones; chop the anchovies. Mix well together with enough salt and pepper to season and add the tarragon vinegar. With this stuff the whites of the eggs, neatly piling the mixture to a point. Put a small piece of butter on the top of each. Have the eight small, neatly cut rounds of bread fried; make the eggs stand, one on each, put them into the oven to get quite hot and serve at once.

Cake Baking Hints.

If the cake rises rapidly in the middle like a pyramid and cracks it is cooking too quickly. A well cooked cake should be flat on top when done.

Cake tins, party pans, etc., are easily cleaned by boiling. Put them in a saucepan with some soap powder and water, boil them for about an hour and they will be found clean and new looking. Soap and soda or borax may be used instead of soap powder if preferred.

Delicious Blanc Mange.

To make chocolate blanc mange take two teaspoonfuls of cocoa in a basin and mix with half a pint of boiling milk; stir well. Then mix two tablespoonfuls of cornstarch with half a pint of cold milk. Put all in a saucepan and bring to the boil. Stir well and let boil for half a minute.

Making Barley Water.

To make barley water take three teaspoonfuls of pearl barley and wash in several waters until quite clean. Add one and one-half pint of cold water, boil down to one pint; then strain. Barley water must be freshly made every day. When patent barley is used it can be made in twenty minutes.

Baking a Pudding.

When baking a pudding always place the baking dish within a stew pan or larger baking dish half full of water. You will then have no burned edges, no hard crusts and consequently no waste, and it will be infinitely easier to wash the baking dish.

For the Children

Little English Boy in the Uniform of a Hussar.



Photo by American Press Association.

Playing soldier is very popular with the young folks of the nations at war in Europe. They do not realize what a terrible calamity war is and in their innocence think it is grand to be a soldier. Recently at Aldershot, which is a great military camp in England, the camera man snapped a little boy arrayed in the uniform of a hussar. The hussars are cavalrymen and in times of peace wear a gorgeous uniform ornamented with gold braid, and on their heads are caps or shakos made of fur. Probably the miniature soldier's father is a member of this arm of the service, and his mother clothed him in military regalia as a token of patriotism. Anyhow, the little fellow makes a most interesting and cute picture.

A Funny Animal.

The armadillos live exclusively in the warmer parts of the earth. If you were to meet one, you would know it immediately by the peculiar strong, horny plates with which its body is defended. When attacked these odd animals roll themselves up, wrap their tails round them, and raise the whole array of sharp edged scales with which their body is covered, and bid defiance to almost any enemy except man. They live on ants and termites, or white ants, as they are called. They capture the insects by thrusting among them their long, slender tongues, covered with a gummy substance. When the tongue is covered it is quickly withdrawn, and the ants swallowed. To gain access to the ants the armadillos are furnished with powerful claws to tear down the dwellings of their prey. The natives of the countries where they live consider them great delicacies when roasted in their shells.—St. Nicholas.

Some Old Riddles.

As I went through a garden gap whom should I meet but Dick Redcap, a stick in his hand, a stone in his throat. If you guess this riddle I'll give you a groat. Answer.—A cherry. Thirty white horses upon a red hill. Now they tramp, now they champ, now they stand still. Answer.—Gums and teeth.

A house full, a yard full, can't catch a bowl full. Answer.—Smoke.

Nature requires five, custom gives seven, laziness takes nine and wickedness eleven. Answer.—Hours of sleep.

I have a little sister. They call her Peep Peep. She wades through the waters deep; she climbs the mountains high, high, high. Poor little thing—she has but one eye! Answer.—Star.

What flowers are always under your nose? Answer.—Tulips.

The Game of Birds.

Have as many small tables as you have sets of players, and the sets may include as many young people as can be seated at a table. Provide a box of pasteboard letters for each table and place them face downward. The first player draws a letter and lays it face downward, calling its name. The first player that speaks the name of the bird beginning with that letter wins it and also the chance to draw another. The player winning the greatest number of letters is entitled to a prize, while the one who guesses the least should be presented with an elaborate fool's cap.

Heard In the Hall.

"What's the matter with the stove-pipe hat, I wonder?" asked the umbrella of the cane.

"He's stuck up because he's always on top," answered the cane.

"Pooh, pooh! I don't think he's such a much," said the umbrella. "If it wasn't for me he would have all the starch taken out of him many times."—Philadelphia Press.

Nestness In School.

When school is over for the day And books and pencils put away, Remember, please, in every case, That all things have their proper place. A tidy desk arranged just so Will save a lot of time, you know; A little boy I knew was late Because he couldn't find his state. —St. Nicholas.